



Annual Wellness Visit and Additional Annual Physical

Good news! Members no longer have to wait 365 days for these exams and can now get them every calendar year! At Ascension Complete, we value everything you do to deliver quality care to our members – your patients – and ensuring they have a positive healthcare experience. We’ve provided some examples of best practices that some of your colleagues have followed to help improve patient satisfaction and to promote healthier and more compliant patients.



Don't wait another day to see your patients! If the member has yet to have their additional annual physical already this year, we will cover that NOW to help members get the preventive care they need before the end of the year.



Topics of discussion and activities to complete during the visit:

- ✓ **Medication Adherence:** Ensure the patient is taking medication to control diabetes, hypertension and cholesterol. Write 90-day prescriptions.
- ✓ **Diabetes Care** (eye exam, kidney disease, blood sugar): Check if patient with diabetes has had an annual eye exam, kidney function test and A1C lab test.
- ✓ **Ensure your patient's satisfaction:** See your patient within 15 minutes; write prescriptions for medications from the formulary; share test results as soon as you get them; help coordinate and manage care to other health services; and refer patients to network specialist.
- ✓ **Complete Medication Reviews:** Review all medications your patient is taking, including prescription, non-prescription, vitamins, etc.
- ✓ **Functional Status Assessment:** Assess how well patient is able to perform daily living activities.
- ✓ **Pain Assessment:** Conduct pain screening.
- ✓ **Discuss and improve patient health outcomes:** Discuss physical activity, mental health, urinary incontinence and risk of falls.
- ✓ **Adult BMI Assessment:** Calculate and record patient's height and weight.



Discuss with your patients safety precautions for COVID-19 and the option of telehealth solution.



Remember: When appropriate, be prepared to offer the following value-added assistance to Ascension Complete members:

- The Enhanced Disease Management program, call **1-844-699-3128 (TTY: 711)**.
- Case Management at **1-844-699-3128**.

Quality care is a team effort.
Thank you for playing a starring role!

Ascension **Complete**